

# SVNSC News

Snow Valley Nordic Ski Club

*snowvalleynordics.com*

## October 2021

### Hello skiers and a very happy autumn to you all!

The cross country ski club has continued to roll along over the summer months even though most of us have not been focused on winter sports. However, here are a few things we might want to start thinking about now.

**Membership registration forms** will be updated and ready to go on the website in the next couple of weeks. Check regularly and sign up early for the Early Bird Draws and reduced price!

**The Nordic Pulse** is a new phone app that will allow you to see exactly when and where the grooming is freshest and what was done today, yesterday, and 2 or 3 days ago. It will be free to you, the skiers, but will cost the Club annually. Are there any businesses out there who'd like to buy a piece of that app for the Club? Your business name/logo will appear on the app site every time someone is looking for grooming updates. Email Dean if you are interested: [sdbergstrom1@gmail.com](mailto:sdbergstrom1@gmail.com)

**Start daily stretching and core exercises.** Flexibility and core strength are important for enjoying skiing and improving your technique, as well as preventing injuries. A 10-minute stretch just before you ski is good, but some pre-season training is beneficial.

**Two work parties** will be held at the trails. **October 9<sup>th</sup>** is the first work party, focusing on wood cutting, splitting and stacking. This will start at **10 a.m.** and a hot lunch will be provided. (Bring snacks if you can.) The second work party will be in November and one of the tasks will be cleaning and repairs at the Moose Hut.

**Covid-19.** We can't look into a crystal ball and predict the future but we're going to go ahead and

plan for Jack Rabbits and adult lessons as per normal. If we have to back off or shut things down a bit, then we will but until we're told otherwise that's the plan. The Snowflake Café fate will be decided closer to the beginning of the new year.

**Annual General Meeting:** Will be held on **Friday, Oct. 29<sup>th</sup> @ 7:30.** We're hoping for an in-person meeting at the lodge. Bring goodies to share, flashlights for flashlight tag for the kids, and dress for the weather. The meeting itself will be held in a circle in the wide part of the lodge, masks will be required, and we'll keep it short.

**Logging** at the trails should be finished quite soon and you can expect to see some wide-open spaces on the way out to the Moose this winter. This is the last of the logging at Onion Lake for the foreseeable future.

**The Future of our Club:** As most of you know, our Club grew enormously last year. That means that the Mom and Pop operation that we've been running for years, with the Board doing basically all the work, won't fly anymore. We have just too many things happening. So, we need committees.

**Youth program:** A huge **thank you** to **Matt and Amy** for organizing the **Jack Rabbit coaches** and to the people who stepped up to learn how to coach!! Wow!! So that's one committee up and running. They've already run a dryland training camp in September for our Track Attack and teen skiers.

**Rental shop:** volunteers are always welcome, and the place to sign up is on the membership registration form, on both the printed and online versions.

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**Moose Hut** committee. Last year the Moose Hut was in daily use. Duncan and Collette took care of registration, but we need a few people to make sure the sanitizer is there, the woodshed is full, any damage is repaired, etc. If you're a regular Moose Hut person, please consider helping out.

**Lodge replacement:** This is a biggy. The old, narrow part of the lodge is an old construction site trailer that was donated to us 25 years ago, and needs to be replaced soon. The current floor was laid down over the old one which was soft in several places. The wider newer part of the lodge is only 11 years old and is still in good shape. The "Old Warming Hut" (across the stadium from the main lodge) is so rotten in spots you can put a nail in it without a hammer. We need the old Hut for storage and the Lodge for everything else. We also need to do a lot of prep work: deciding what to build, getting estimates and so forth. So this committee needs many hands with some knowledge about building and getting a project like this going. Please consider helping out.

Lastly, **Executive and the Board of Directors** will be seeing some major turnover this year. Our long-time facilities manager, Jim Thorne, will retire after the AGM. Who will shovel the decks and change our light bulbs now!?!? Also, this is my last year as president. So if you have **handy man skills or admin type skills** we'd love to hear from you! And we're always looking for a few more directors-at-large to help maintain the club and steer it into the future.

**If you are interested in any of these committees, please email us at [snowvalleynordic@gmail.com](mailto:snowvalleynordic@gmail.com).**

Wow! I thought this would be a short newsletter but there's a lot happening!

**Looking forward to seeing lots of you at the AGM on Oct 29th and the work party on October 9th!**

Ah what the heck -

*Think SNOW!*

*Liz Thorne*

President, SVNSC

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Can we ask you some questions?

Very soon, we'll be conducting a club survey to listen to what you have to say about lodge construction and youth programming.

**We'll send you the link. Thanks for helping us out!**